

Wellness Committee Meeting: 6/20/16

Attendees: Donna Reynolds, Leslie Barry Jennifer Fennelly, Beth Richards, Ann Lanney

Review of Survey/Assessment results:

Leslie had tallied up some data with percentages from our survey reports, by survey audience, which she shared with the group. We were able to review; Food Service, Nurses, PE & Health. She also compiled a list of comments and questions from all surveys and a list of participants that expressed interest in being involved with the Wellness Committee.

Areas of concern:

Food Service

Does each school have drinking water available? We discussed refillable water stations, there are two at RMS, and looking at the needs assessment for drinking water.

Do venues outside the school meals program, i.e. food sold or served, fundraisers etc. meet the USDA Smart Snacks in School Nutrition Standards?

Is there collaboration between nutrition services staff and teaching staff?

Is there adequate training and professional development for food service staff? There will be an all staff professional development day before school begins. An overview of the Wellness Policy and committee actions will be on the agenda.

The school nutrition program participated in minimal farms to school activities but has a plan in place to expand on that for the 2016-17 school year.

Nurses

Does the district have a written health and safety policy and is it communicated?

Ann Lanney said there is a District Health Manual. We discussed having a link from the Wellness Policy to Health Manual.

Are there enough full time nurses based on the recommended ratio of at least one nurse for every 750 students? Ann said there are certain factors to consider in this assessment, i.e. number of students with serious conditions such as diabetics.

Ann and Jennifer discussed a new student health information system implemented this year called Care.com. CSD is a test site for the program.

There was a discussion that the wellness committee recommend that nurses be contracted for “Back to School Night” as opposed to parent/teacher conferences.

PE & Health

Do all health teachers use age appropriate sequential health education curriculum that is consistent with state of national standards? Leslie said the state standards are being revised so the wellness committee should look at model policies to recommend to the district policy committee.

There was a discussion on the rotation of PE classes, particularly at the elementary level. I will get information on the 6 day PE rotation from the schools. I also will get facilities report on gym space for the committee to review.

Leslie spoke about the waivers for PE class at the high school, i.e. student participating in sports or activities requiring minimal physical activity and being granted a waiver from PE class. This is an area of concern.

The administration and all district staff survey results will be reviewed at the next meeting.

Next Meeting

Friday July 15th, 9:00am Central Office