

Wellness Committee Meeting: 4/6/16

Reviewing: CDC School Health Surveys

Modules could be used and edited to fit our needs.

First to administrators and teachers, then a roll-out to parents with informational letter.

8 modules

“School Health and Safety Policies and Environment Score Card”,

“Health Education”,

“PE and other Physical Activity,

“Nutrition Services”,

“School Health Services”,

“School Counseling, Psychological and Social Services”,

“Health Promotion for Staff”,

“Family and Community Involvement”

Needs instructions, and address pertinent modules to appropriate staff meetings.

Should the survey be paper, google survey or directly on the CDC site?

Timeline discussion:

Send Survey out April 13th, and request return by May 13th.

Request to be placed on School Board Meeting agenda for June 6th (to present purpose of the committee ie develop a new Wellness Policy, results of survey, our timeline for developing policy and roll-out)

Share this information with Terri Forsten.

Provide Proposed Wellness Policy to Parents during Back to School time 2016/17.

Invite parent feedback on proposed policy during fall.

Look for School Board approval late fall-early winter.

Use rest of school year 2016/17 to educate stakeholders on best practices and help with strategies to roll out .

To Do List:

Investigate best forum: google, survey monkey, or on CDC website. Confer with Pam McLeod.

Discuss with Terri Forsten. Donna Reynolds

Adapt CDC survey to best forum.

Create email of introduction to staff members explaining: purpose of survey, timeline and deadlines.

Next Meeting:

Wednesday, May 11th at 3:45pm Central Office